

MASTERCLASS IN WOMEN'S WELLNESS & HORMONAL THERAPY



3-Day Intensive Training | Theory + Case-Based Learning + Hands-On Practice

Master Women's Wellness, Hormonal Balance & Expand High-Value Services in Your Practice

- ◆ Learn hormonal health across all stages of a woman's life
- ◆ Master diagnosis & management of hormonal imbalances
- ◆ Understand menopause, HRT & metabolic health
- ◆ Gain expertise in sexual wellness & intimate health
- ◆ Learn non-invasive aesthetic gynecology treatments
- ◆ Introduce regenerative & wellness-based therapies
- ◆ Boost your clinical outcomes & significantly increase revenue
- ◆ Learn high-demand services with strong patient demand

COURSE HIGHLIGHTS

- Hormonal imbalance & endocrine disorder management
- PCOS, thyroid & metabolic health protocols
- Menopause & hormone replacement therapy (HRT)
- Sexual wellness & intimate health treatments
- Non-invasive aesthetic gynecology procedures
- Regenerative gynecology (PRP & advanced therapies)
- Pelvic floor & vaginal health management

ABOUT THIS COURSE

This advanced masterclass is designed for doctors aiming to deliver comprehensive women's wellness and hormonal care.

- Integrative approach combining medical + aesthetic gynecology
- Focus on real clinical application & patient-centered care
- Gain confidence in offering high-value wellness treatments

Accredited Certification | International Faculty | Real Patient Training

- 3-Day Intensive Training
- Case-based learning + practical approach
- Advanced clinical protocols & treatment planning
- Secure Your Seat Today
- Limited Hands-On Slots
- International Certificate



06 - 08 Sep, 2026



Karachi



04 - 06 Oct, 2026



Lahore

For Registration

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PMC
Professional Medical Conferences And Seminars - Practice With Purpose

MASTERCLASS IN WOMEN'S WELLNESS & HORMONAL THERAPY



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COURSE MODULES

Module 1: Foundations of Women's Wellness

- Hormonal physiology & life-stage care
- Lifestyle & metabolic health
- Integrative wellness approaches
- Holistic patient management

Module 2: Hormonal Imbalance & Disorders

- Understanding hormonal imbalance
- PCOS management strategies
- Thyroid disorders in women
- Lab investigations & interpretation

Module 3: Menopause & HRT

- Menopause physiology
- Hormone replacement therapy protocols
- Managing symptoms & metabolic changes
- Evidence-based treatment approaches

Module 4: Sexual Wellness & Intimate Health

- Female sexual dysfunction
- Vaginal dryness & dyspareunia
- Pelvic floor health
- Patient counseling strategies

Module 5: Aesthetic Gynecology (Non-Invasive)

- Introduction to aesthetic gynecology
- Vaginal rejuvenation techniques
- RF & laser concepts
- Tissue tightening protocols

Module 6: Regenerative Gynecology

- PRP in gynecology
- Vaginal rejuvenation with PRP
- Tissue regeneration techniques
- Healing & recovery mechanisms

Module 7: Vaginal Health & Pelvic Floor

- Vaginal microbiome
- Pelvic floor disorders
- Urinary incontinence management
- Preventive strategies

Module 8: Intimate Rejuvenation Treatments

- Vaginal laxity treatment
- Vaginal atrophy management
- Non-surgical incontinence solutions
- Combination therapy protocols

Module 9: Consultation & Treatment Planning

- Patient assessment
- Candidate selection
- Documentation & protocols
- Ethical considerations

Module 10: Building Women's Wellness Practice

- Setting up wellness services
- Designing treatment packages
- Long-term patient care
- Practice growth strategies

WHY JOIN THIS MASTERCLASS

- Learn high-demand women's wellness & hormonal treatments
- Expand into aesthetic & regenerative gynecology
- Hands-on, practical & evidence-based training
- Immediate implementation in your clinic
- Increase patient satisfaction & clinic revenue

WHO SHOULD ATTEND

- Gynecologists
- Obstetricians
- General Physicians
- Doctors interested in women's wellness
- Practitioners looking to expand into aesthetic gynecology

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